

# *The Bahamas in Colour* **2005**

**THE BAHAMAS  
IN COLOUR**

**2005**





## OFFICIAL HOLIDAYS BAHAMAS

Saturday, January 1 <sup>st</sup> .....	New Year's Day
Friday, March 25 <sup>th</sup> .....	Good Friday
Monday, March 28 <sup>th</sup> .....	Easter Monday
Monday, May 16 <sup>th</sup> .....	Whit Monday
Friday, June 3 <sup>rd</sup> .....	Labour Day
Sunday, July 10 <sup>th</sup> .....	Independence Day
Monday August 1 <sup>st</sup> .....	Emancipation Day
Wednesday, October 12 <sup>th</sup> .....	Discovery Day
Sunday, December 25 <sup>th</sup> .....	Christmas Day
Monday, December 26 <sup>th</sup> .....	Boxing Day

## OFFICIAL HOLIDAYS UNITED STATES

Saturday, January 1 <sup>st</sup> .....	New Year's Day
Monday, January 17 <sup>th</sup> .....	Martin Luther King Jr. Birthday
Monday, February 21 <sup>st</sup> .....	President's Day
Monday, May 30 <sup>th</sup> .....	Memorial Day
Monday, 4 <sup>th</sup> July .....	Independence Day
Monday, September 5 <sup>th</sup> .....	Labour Day
Monday, October 10 <sup>th</sup> .....	Columbus Day
Friday, November 11 <sup>th</sup> .....	Veterans Day
Thursday, November 24 <sup>th</sup> .....	Thanksgiving Day
Saturday, December 25 <sup>th</sup> .....	Christmas Day

**THE BAHAMAS  
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**2005**



# January

# 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						United States 1 Bahamas
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 United States	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

*Flamingos of  
the Bahamas*



## THE BAHAMAS IN COLOUR

# 2005





# February 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 <small>United States</small>	22	23	24	25	26
27	28					

*Quite towns in the Bahamas Family Islands*



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# March

# 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 Bahamas	26
27	28 Bahamas	29	30	31		

*The male Bahamas Humming Bird*



## THE BAHAMAS IN COLOUR

# 2005





# April

# 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sunset & flowers in the Bahamas



## THE BAHAMAS IN COLOUR

# 2005



May

2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 Bahamas	17	18	19	20	21
22	23	24	25	26	27	28
29	30 United States	31				

Sunset, bougainvilleas & butterfly in the Bahamas



THE BAHAMAS  
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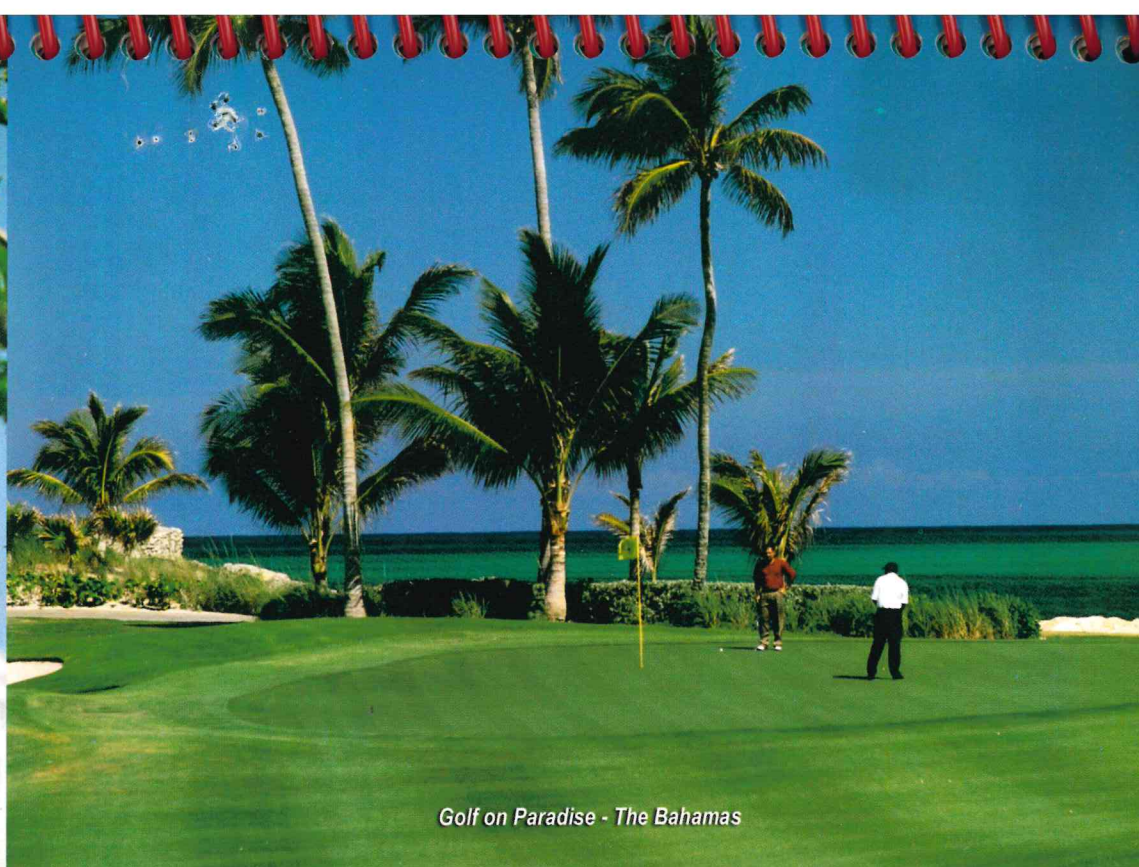




# June

# 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 Bahamas	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



Golf on Paradise - The Bahamas

## THE BAHAMAS IN COLOUR

# 2005



July

2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 <small>United States</small>	5	6	7	8	9
10 <small>Bahamas</small>	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

*The beauty of  
the Bahamas*

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# August

# 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Bahamas	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Conch Salad -- You'll have to come to the Bahamas to taste this recipe!



## THE BAHAMAS IN COLOUR

# 2005



# September 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 <small>United States</small>	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

*Bone fishing in the Bahamas, a fisherman's delight!*



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# October

# 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10 <small>United States</small>	11	12 <small>Bahamas</small>	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

*The white beaches of the Bahamas*



## THE BAHAMAS IN COLOUR

# 2005



# November

# 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11 <small>United States</small>	12
13	14	15	16	17	18	19
20	21	22	23	24 <small>United States</small>	25	26
27	28	29	30			

Children admire the fish at Atlantis on Paradise Island, Bahamas



## THE BAHAMAS IN COLOUR

# 2005





# December

# 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
United States 25 Bahamas	26 Bahamas	27	28	29	30	31

1) Passion flower & fruit. 2) Shells, flowers and sanddollars of the Bahamas



## THE BAHAMAS IN COLOUR

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## Conch Fritters

2 Hot Peppers  
1 ½ Cups Flour  
3 tsp. Baking Powder  
1 ½ Level tsp. Salt  
3 tbs. Tomato Paste

4 Conch (skinned)  
1 Sweet Pepper  
2 Onions  
2 Stalks Celery  
2 ½ - 3 Cups Water  
Cooking Oil

Grind Conch, onions celery and peppers. Add to flour, Baking powder, salt, tomato paste and water.

Mix together. Drop teaspoonful of mixture into hot oil And deep fry until golden brown. Drain on paper towel.

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# Coconut Duff

3 Tbsp. Butter or margarine

4 Eggs, beaten until light

1 dry Coconut, graded

2 ½ cups Flour

½ cup Sugar

5 tsp. Baking powder

Cream margarine or butter and sugar then add eggs one at a time mixing well after each addition. Blend in coconut. In a different bowl mix sifted flour and baking powder. Add to butter mixture, to form a stiff dough and water as need it. Place in top part of a well greased double boiler and steam for about 2 ½ hours.

# Hard Sauce

2 cups Sugar

3 Eggs

½ lb Butter

Brandy or Rum

Beat Butter and Sugar until Creamy.  
Add eggs one at a time until well blended.

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# Grouper Cutlets

3 lbs. Grouper    Cornmeal  
2 eggs            Lime or lemon  
3/4 cups milk    Salt  
Bread Crumbs    Cooking Oil

Cut grouper fillet into 2 inch strips. Season fish strips with salt and lime. Mix eggs in a bowl. Mix cornmeal and bread crumbs in another bowl. Dip strips first into the egg mixture and then the bread crumbs mixture. Deep fry strips in hot oil golden brown.



# Peas & Rice

1/4 lb. Salt Pork or Bacon  
2 Cups Rice  
1 Cup Canned Tomato  
or 2 tbs. Tomato Paste  
1 Onion – Cut fine  
1 Cup Pigeon Peas  
Salt, Pepper and  
Thyme to taste

Fry salt pork; add onion and tomato, pepper and salt. Add peas and 4 cups of water. Bring to a boil, stir in rice. Cover and cook over a low heat until rice is tender and water absorbed.

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# Johnny Cake

4lbs. Flour    ½ Tsp. Salt  
1 Cup Sugar    ½ Milk  
1 Cup water    4 Tsp. Baking powder  
½ lb. Butter (Margarine)

Mix butter and sugar together. Add all of the other ingredients to mixture. Mix well. Pour butter into a well greased pan. Bake in preheated oven at 350° for approximately 30 minutes.



# Stew Fish

2 lbs Fish    1 lime or lemon  
1 cup flour    Hot pepper  
1 Medium onion    Salt  
½ cup lard or shortening  
½ can tomato paste  
1 Medium Bell Pepper

Clean and Season fish using lime, hot pepper and salt. Fry fish and set aside. In large skillet heat shortening and flour stirring, until flour is brown. Add diced onion and bell pepper. Then add tomato paste and about 2 cups of water stir well and add pre fried fish and cook about ½ hour.

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# The Bahamas

## Bahama Mama

1 oz. Coconut Rum  
1 ¼ oz. Gold Rum  
1 ½ oz. Nassau Royal Liqueur  
2 oz. Orange Juice  
2 oz. Pineapple Juice  
Dash of Angostura Bitters (optional)  
1/6 oz Grenadine  
1 Cherry and/or Slice of Orange



## Gully Wash

2 Ounces of Gin  
6 – 8 Ounces of Coconut Water\*

*In large glass place several ice cubes,  
Add gin and fill the remaining space  
with coconut water.*

\*Coconut water is the liquid you pour out  
of a fresh coconut or in cans in the drink  
section of the food store.



## Island Gal

1 ¼ oz. Vodka  
3 oz. Orange Juice  
4 oz. Lemon Lime Soda  
1 Cherry  
1 Small Pineapple Wedge  
Grenadine to Colour

Fill glass half full with crushed ice, place  
cherry in bottom of glass. Add vodka,  
soda and orange juice. Use pineapple  
wedge attached to umbrella to garnish.



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# The Bahamas

## Planters Punch

1 ¼ oz. Dark Rum  
2 ozs. Orange Juice  
2 ozs. Pineapple Juice  
Dash of Angostura Bitters  
1/6 oz. Grenadine  
1 Cherry and/or Slice of Orange



## Yellow Bird

1 ¼ oz. Light Rum  
½ oz. Banana Liqueur  
½ oz. Galliano Liqueur  
2 oz. Orange Juice  
2 oz. Pineapple Juice  
1 Cherry and/or Slice of Orange



## Goombay Smash

1 ¼ oz. Gold Rum  
½ oz. Coconut Liqueur  
3 oz. Pineapple Juice  
2 Dashes of Lemon Juice  
1 Dash of Simple Syrup  
1 Cherry and/or Slice of Orange



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2005

2005

## JANUARY

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## FEBRUARY

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

## MARCH

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

## APRIL

S	M	T	W	T	F	S
						1 2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## MAY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## JUNE

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## JULY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## AUGUST

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## SEPTEMBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## OCTOBER

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## NOVEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## DECEMBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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# 2006

# 2007

JANUARY							FEBRUARY							MARCH							APRIL						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7				1	2	3	4					1	2	3	4						1
8	9	10	11	12	13	14	5	6	7	8	9	10	11	5	6	7	8	9	10	11	2	3	4	5	6	7	8
15	16	17	18	19	20	21	12	13	14	15	16	17	18	12	13	14	15	16	17	18	9	10	11	12	13	14	15
22	23	24	25	26	27	28	19	20	21	22	23	24	25	19	20	21	22	23	24	25	16	17	18	19	20	21	22
29	30	31					26	27	28					26	27	28	29	30	31		23	24	25	26	27	28	29
																					30						

MAY							JUNE							JULY							AUGUST						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6					1	2	3								1							
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30	31		
														30	31												

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1	1	2	3	4	5	6	7					1	2	3	4						1
3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30
																					31						

JANUARY							FEBRUARY							MARCH							APRIL						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6					1	2	3					1	2	3		1	2	3	4	5	6	7
7	8	9	10	11	12	13	4	5	6	7	8	9	10	4	5	6	7	8	9	10	8	9	10	11	12	13	14
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21	22	23	24	25	26	27	18	19	20	21	22	23	24	18	19	20	21	22	23	24	22	23	24	25	26	27	28
28	29	30	31				25	26	27	28				25	26	27	28	29	30	31	29	30					

MAY							JUNE							JULY							AUGUST						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5						1	2			1	2	3	4	5	6	7							
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30	31	

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1	1	2	3	4	5	6	7					1	2	3	4						1
2	3	4	5	6	7	8	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
9	10	11	12	13	14	15	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
16	17	18	19	20	21	22	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
23	24	25	26	27	28	29	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30
																					31						

## THE BAHAMAS IN COLOUR

# 2005



## WEBSITES OF INTEREST

Ministry of Tourism:	1-242-302-2000 Website: <a href="http://www.bahamas.com">www.bahamas.com</a>
Online Bahamas Vacation & Business Guide	Website: <a href="http://www.bahamasnet.com">www.bahamasnet.com</a>
Bahamas Hand Book:	Website: <a href="http://www.bahamashandbook.com">www.bahamashandbook.com</a>
Fly Fishing in the Bahamas	Website: <a href="http://www.flyfishingthebahamas.com">www.flyfishingthebahamas.com</a>
Different of Abaco	Website: <a href="http://www.differentofabaco.com">www.differentofabaco.com</a>
Acklins Outback Fishing Adventure	Website: <a href="http://www.acklins.com">www.acklins.com</a> Email: <a href="mailto:fedel@acklins.com">fedel@acklins.com</a>
Bahamas Customs	Telephone: 1-242-325-6550
Bahamas Immigration:	Telephone: 1-242-322-7530
Bahamasair	Website: <a href="http://www.bahamasair.com">www.bahamasair.com</a> Reservations: 1-242-377-5505
Department of Archives:	Website: <a href="http://www.bahamasnationalarchives.bs">www.bahamasnationalarchives.bs</a> 1-242-393-2175 Email: <a href="mailto:archives@gateln.net.bs">archives@gateln.net.bs</a>
Broadcasting Corporation of the Bahamas	1-242-502-3800 Email: <a href="mailto:bcbcorp@mail.bahamas.net.bs">bcbcorp@mail.bahamas.net.bs</a>
Bahamas - Travel Info	<a href="http://www.bahamas-travel.info">www.bahamas-travel.info</a>
Abaco Wild Horses	<a href="http://www.arkwild.org">www.arkwild.org</a> email: <a href="mailto:arkwild@iname.com">arkwild@iname.com</a>

## CONSULAR AND DIPLOMATIC REPRESENTATION

American Embassy	1-242-322-1181
Belgium	1-242-322-7624
British High Commission	1-242-325-7471
Peoples Republic of China	1-242-393-1415
Republic of Cuba	1-242-356-3473
Republic of Haiti	1-242-326-0325

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**2005**





## The Shoal Restaurant & Lounge

Nassau Street  
P.O. Box EE 16092  
Phone: (242) 323-4400 / (242) 326-7146  
Fax: (242) 326-0058

## The Poop Deck Restaurant & Bar

East & West Bay Street  
Phone: (242) 393-8175 / (242) 327-3325  
P.O. Box SS 5693  
[www.thepoopdeckrestaurants.com](http://www.thepoopdeckrestaurants.com)

## Online Bahamas Vacation & Business Guide

[www.bahamasnet.com](http://www.bahamasnet.com)



Photos by:

## Roland Rose

West Bay Street  
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